



## **GUIDE TO ASSISTING PEOPLE WITH NEEDS**

This guide is a volunteer, nonprofit effort to help in assisting people with needs. It is not intended to be all inclusive and may contain errors. Aid is fluid and much of the information may become obsolete as time passes.

We urge you to contact any of the cited agencies to be sure your needs are served.

We also recommend that you consult the exhaustive service referral under the auspices of the United Way. The center can be accessed by dialing 211 on your phone. It should be able to provide current, detailed information dealing with numerous needs.

To request additions or corrections to this guide, please email your information to [fpcsheffield@comcast.net](mailto:fpcsheffield@comcast.net)

Many good citizens and faith based organizations are striving to serve their fellow men and women. The purpose for this publication is to guide them to a launch point so they can move forward in an positive way.

Sheffield First Presbyterian Church  
130 East Fifth Street  
Sheffield, Alabama 35660  
256-383-1717

## TABLE OF CONTENTS

	Page
1. Education and Training for Jobs .....	3-6
2. Agencies or Companies that Seek Jobs.....	7
3. Unemployment Compensation .....	8
4. Food Stamps .....	8
5. Utilities.....	9-11
6. Public or Subsidized Housing; Handicap Ramps .....	12
7. Shelter for the Homeless .....	13-14
8. Medical Care .....	15-17
9. Dental Services .....	18
10. Locations to Purchase or Acquire Used Furniture and Appliances .....	18
11. Social Security.....	18
12. Programs for Children, Families and Seniors.....	19-20
13. Family Planning and Birth Control .....	21
14. Adoptions.....	21
15. Family Violence and Child Abuse .....	21
16. Substance Abuse .....	22
17. Tobacco Abuse.....	22
18. Disaster and/or Fire Assistance.....	23
19. Support for Caregivers.....	23
20. Transportation.....	23
21. Classes on Finances, Family, Nutrition, Gardens .....	23
22. Home Health Care .....	24
23. Seed, Plants and Fertilizer .....	24
24. Food for Pets.....	24
25. Veterans, Men and Women in the Military.....	24
26. Grieving Death of a Loved One .....	25
27. Care of Persons with Life Ending Illness.....	25
28. Income Tax Preparation.....	25
29. Caregivers for People with Special Needs .....	26
30. Christian Counseling.....	26
31. Food/Meals .....	27-29
32. Clothing.....	30-31
33. Diapers .....	32

# 1. EDUCATION AND TRAINING FOR JOBS

## **Alabama Career Center**

500 South Montgomery Avenue  
Sheffield, Alabama 35660  
256-383-5610

**Adult Education and CareerLinks** - 256-381-0611

**Employment Service** – 256-383-5610

To file claim for unemployment compensation call 1-866-234-5382 or website is [www.labor.alabama.gov](http://www.labor.alabama.gov). Hearing or speech impaired call 1-800-499-2035. Questions, call 1-800-361-4524.

To seek employment go on internet at [www.joblink.alabama.gov](http://www.joblink.alabama.gov). Click “Find a Job” and create an account.

## **Adult Education**

### **Northwest-Shoals Community College**

800 George Wallace Boulevard  
Muscle Shoals, Alabama 35661

Donnie Swinney – Adult Testing Director and GED Testing Administrator  
256-331-5438 Email: [www.dsweeney@nwsc.edu](mailto:www.dsweeney@nwsc.edu)

Free adult education classes and English as a second language classes. Classes are offered days and nights in counties of Colbert, Lauderdale, Franklin, Winston, and Lawrence.

Also free on-line GED classes – 256-331-8175

Free Career Readiness Certification – 256-331-5440

## **Alabama Department of Human Resources**

**Lauderdale Office** – 256-765-4000

424 Veterans Drive  
Florence, Alabama 35630

**Colbert Office** – 256-314-4900

3105 George Wallace Boulevard  
Muscle Shoals, Alabama 35661

Services in addition to education and training:

Public Assistance

Food Stamps

Child Abuse (Weekends Colbert County phone is 256-314-4970)

Child Support

For State action on child support call 256-383-8002 located in Colbert County Courthouse.

Website is [www.DHR.ALABAMA.GOV](http://www.DHR.ALABAMA.GOV) Click on services – click selected program – includes temporary cash; food assistance; job training and child care; protection for adults and children; adoption; prevention of teen pregnancy; prevention of domestic violence; children’s health insurance; option to abandon a newborn

## **Northwest-Shoals Community College**

**Shoals Campus** – Financial Aid  
800 George Wallace Boulevard  
P.O. Box 2545  
Muscle Shoals, Alabama 35662  
256-331-5364 or 256-331-5368  
Fax: 256-331-5228

**College Programs** – [www.nwscc.edu](http://www.nwscc.edu)

### **Talent Search Program**

Colbert County - 256-331-5348.  
Lauderdale County - 256-331-5499.  
Fax: 256-331-5389.

Ask about your school. Available at various schools, sixth through twelfth grades. Services include occupational skills training; basic skills and GED preparation; college assistance; tutoring; counseling; career assessment; employment assistance.

### **Youth Success Program**

256-331-5468  
Fax: 256-331-5389

## **Northwest Alabama Council of Local Government (NACOLG)**

103 Student Drive  
Muscle Shoals, Alabama 35661  
256-389-0530 or 1-800-243-5463

Information about Medicare Plans, Medicaid, Assisted Living, Employment, Health, Housing, In-Home Personal Care, Nutrition, Prescriptions, Respite Care, forms for Food Stamps

Also, offers support for caregivers of adults age 60 and over or suffering with Alzheimer's or other dementia and caregivers age 55+ caring for children age 18 and under or with a severe disability, limited funds are available for handicap ramps to be built.

**NACOLG** serves local senior centers.

### **NACOLG Transit**

P.O. Box 2603  
Muscle Shoals, Alabama 35662  
256-314-0047

Call for rates. Service is available Monday through Friday, 7:00 a.m. to 5:00 p.m. You can book a ride as late as 3:00 p.m. the business day before your requested day.

At present, if a ride is needed to a location outside the area, see if a waiver can be obtained from Medicaid if the party is on Medicaid.

## **Alabama Cooperative Extension System**

### **Colbert**

Colbert County Courthouse  
Danny McWilliams – County Coordinator  
256-386-8570; 256-386-8571; 256-386-8572 Fax: 256-383-2251

4-H, nutrition education, family resource management, starting home based businesses, money management, etc. Will design a program if enough interest.

### **Lauderdale**

802 Veterans Drive  
Florence, Alabama 35630  
Chris Becker – State Extension Agent  
256-766-6223  
[www.cmb0034@auburn.edu](mailto:www.cmb0034@auburn.edu)

Lauderdale has a community garden.

## **Rehabilitation Services – Easter Seals**

1450 East Avalon Avenue  
Muscle Shoals, Alabama 35661  
256-381-1212 Fax: 256-314-5105  
[www.eastersealsnwal.org](http://www.eastersealsnwal.org)

Physical and speech therapy; vocational evaluations; work adjustment; job readiness and development; career exploration; adult education; work services and work shops; hearing services

## **Northwest Alabama Reading Aides**

501 N. Seminary Street, P.O. Box 391  
Florence, Alabama 35630  
256-766-5709  
[www.nwalreadingaides.org](http://www.nwalreadingaides.org)

Mission is to provide individualized instruction in ESL, reading, writing and English language skills to adults 16 and over in our area.

## **The Arc of the Shoals**

P.O. Box 501  
100 Lamar Avenue  
Tuscumbia, Alabama 35674  
256-383-1472 Fax: 256-383-1486  
[www.thearcoftheshoals.org](http://www.thearcoftheshoals.org)

Strives to improve the quality of life for persons with developmental disabilities and their families.

Offers adult training center, work center supported employment program, residential services, recreational programs.

### **Against All Odds**

Leslie Rager – 256-483-2485

[www.leslierager64@gmail.com](mailto:www.leslierager64@gmail.com)

Deals with homelessness, housing, employment assistance, food stamps, disability applications.

### **Digital Hub**

4<sup>th</sup> Floor Wayne County Courthouse

Waynesboro, Tennessee 38485

Sarah Cook – 931-676-3444 Cell: 931-722-4154

Teaches how to work online for profit.

### **Co Arm**

Town Plaza

500 South Montgomery

Suite 138

Sheffield, Alabama 35660

Bobby Mose McClean

256-383-2938

Tutoring

### **Helping Open People's Eyes (H.O.P.E.)**

119 Veterans Drive

Florence, Alabama 35630

256-762-3353

[www.danieljackson.hope@gmail.com](mailto:www.danieljackson.hope@gmail.com)

President: David Johnson

Tutoring and mentoring for City of Florence students.

## 2. AGENCIES OR COMPANIES THAT SEEK JOBS

### **Alabama Career Center** (See Page 3)

#### **Dynamic Staffing**

1100 Woodward Avenue  
Muscle Shoals, Alabama 35661  
256-383-5798

#### **Elite Employment Connections**

2628 Hough Road  
Florence, Alabama 35630  
256-275-4060

#### **Snelling Personnel Services**

1102 Bradshaw Drive  
Florence, Alabama 35630  
256-760-8033

#### **Snelling Staffing**

883 Florence Boulevard  
Florence, Alabama 35630  
256-768-1014

#### **Epsco**

1409 East Second Street  
Sheffield, Alabama 35660  
256-383-0776

#### **Kelly Services**

256-767-9077

#### **Lyons HR**

600 Tennessee Street  
Florence, Alabama 35630  
256-767-4562

#### **Shoals Chamber of Commerce**

20 Hightower Place  
Florence, Alabama 35630  
256-246-2900

Has job board at [www.shoalschamber.com/shoals\\_jobs](http://www.shoalschamber.com/shoals_jobs)

#### **Job website for Tennessee Valley:**

[www.tnvalleyjobfinder.com](http://www.tnvalleyjobfinder.com)

Consult local newspapers.

### **3. UNEMPLOYMENT COMPENSATION**

**Alabama Career Center** (See Page 3)

Sources to assist someone making a claim.

**NACOLG** (See Page 4)

**Alabama Department of Human Resources**

### **4. FOOD STAMPS**

**Alabama Department of Human Resources** (See Page 3)

Sources to assist someone making a claim.

**NACOLG** (See Page 4)

**Against All Odds** (See Page 6)

**Loaves and Fishes Warehouse – Christ Chapel**

3102 Northington Court

Florence, Alabama 35633

256-767-1080 (Call for hours of operation.)

**Sheffield First Presbyterian Church**

130 East Fifth Street

Sheffield, Alabama 35660

256-383-1717

Has applications for food stamps. Limited funds for groceries, lodging, rent/house payment, utilities, travel, vehicle repairs, medical and pharmaceutical needs, clothing or lodging deposits, dental.



## 5. UTILITIES

### **Sheffield Utilities**

Nashville Avenue  
Sheffield, Alabama 35660  
256-389-2000  
Eric Gifford – over accounts  
256-246-2700  
[www.egifford@sheffieldutilities.org](mailto:www.egifford@sheffieldutilities.org)

### **Tuscumbia Utilities**

202 East Sixth Street  
Tuscumbia, Alabama 35674  
256-383-0321  
Brooke – over accounts

### **Muscle Shoals Utilities**

1015 East Avalon Avenue  
Muscle Shoals, Alabama 35661  
256-386-9290

### **Florence Electrical**

110 West College Street  
Florence, Alabama 35630  
256-740-6045

### ***Sources that might help with utilities***

#### **Community Action Agency of Northwest Alabama**

**Lauderdale County**  
745 Tompson Street  
Florence, Alabama 35630  
256-766-4330  
[www.caanw.org](http://www.caanw.org)  
Jackie Baker

**Colbert County**  
505 North Columbia  
Sheffield, Alabama 35660  
256-383-3832

#### **Programs in addition to utilities:**

Family development and programs for fatherhood, mothers, sons, daughters

Housing counseling and weatherization

Energy assistance including help with energy bills

Gardening – distribute seeds, plants, fertilizer

Meals on Wheels. Also, PETS which is food for pets of Meals on Wheels clients.

**The Salvation Army**

1601 Huntsville Road  
Florence, Alabama 35630  
P.O. Box 728  
Florence, Alabama 35631  
256-764-4432 Fax: 256-764-4538  
Major Sue Dorman

Have used clothing, furniture and appliances on Court Street in Florence and in Town Plaza Shopping Center in Sheffield.

Have 52 beds for families and male/female separate beds.

Meals for anyone on Sunday's lunch and most nights.

Perform disaster relief and fire assistance.

Offer assistance with rent, utilities, clothing, groceries.

**Sheffield First Presbyterian Church** (See Page 8)**Colbert Caring Center**

102 N. Water Street  
Tuscumbia, Alabama 35674  
256-381-8464

Utility bills, groceries, non-narcotic prescriptions

**Cross Point Church of Christ**

1350 Cox Creek Parkway  
Florence, Alabama 35630  
256-764-4073

Lauderdale residents only. Assistance with utilities if referral from Community Action; household items, furniture, appliances

**Heavenly Grace Ministries** (See Page 14)**Sheffield First United Methodist Church**

701 N. Montgomery Avenue  
Sheffield, Alabama 35660  
256-383-2124

Up to \$50 on rent for Colbert County residents, if referred; up to \$50 in utilities in Sheffield, Tuscumbia, and Muscle Shoals, if referred from another agency; prescription account for Colbert County residents at Medical Center Pharmacy up to \$50 – must have referral.

**First Baptist Church of Cherokee**

256-359-4325

Assistance for utilities in Cherokee area; food, sheets, furniture to those who have lost homes.

## **Help Center**

621 South Court Street  
Florence, Alabama 35630  
256-766-7663

Lauderdale residents only. Help with utilities - \$50 limit twice yearly; \$25 voucher for Florence Clinic dental clinic; voucher program for prescriptions with limits; household items; food

## **6. PUBLIC OR SUBSIDIZED HOUSING; HANDICAP RAMPS**

### **Sheffield Housing Authority**

505 North Columbia Avenue  
Sheffield, Alabama 35660  
256-383-4773, 256-383-4659

Deals with public housing; Section 8; Subsidized housing. Contact to see if programs for families or youth are offered.

### **Florence Housing**

303 North Pine Street  
Florence, Alabama 35630  
256-740-5200

Deals with public housing; Section 8; Subsidized housing. Contact to see if programs for families or youth are offered.

### **Tuscumbia Housing Authority**

106 South Main Street  
Tuscumbia, Alabama 35674  
256-381-0915

Deals with public housing; Section 8; Subsidized housing. Contact to see if programs for families or youth are offered.

### **Habitat for Humanity**

1120 N. Royal  
Florence, Alabama 35630  
256-760-9515

Builds limited number of homes and handicap ramps. Must make application.

### **Habitat for Humanity Restore**

256-764-4494

Sells used furniture and appliances.

### **Riverbend Center for Mental Health**

635 W. College Street  
Florence, Alabama 35630  
256-764-3431

[www.rcmh.org](http://www.rcmh.org)

Outpatient services are provided to children and adults who are experiencing psychiatric, adjustment, substance abuse and behavioral problems that require diagnostic evaluation and/or treatment. There are also residential programs designed to equip clients to live independently in the community. Child programs include summer day camp and preschool day treatment.

**Sheffield First United Methodist Church** (See Page 10)

**Sheffield First Presbyterian Church** (See Page 8)

**NACOLG** (See Page 4) Limited fund for handicap ramps.

**The Arc of the Shoals** (See Page 5)

## 7. SHELTER FOR THE HOMELESS

**The Salvation Army** (See Page 10)

**NACOLG** (See Page 4)

**Against All Odds** (See Page 6)

### **Colbert Lauderdale Attention Home**

Colbert Residence  
1400 NE 25<sup>th</sup> Street  
Sheffield, Alabama 35660  
256-381-5042

Boys home in Sheffield. Temporary housing for at risk children ages 10 to 18.  
Referred by Family Court System.

Lauderdale Business  
803 Plum Street  
Florence, Alabama 35630  
256-764-0784

Girls home in Florence. Temporary housing for at risk children ages 10 to 18.  
Referred by Family Court System.

### **North Alabama Christian Children's Home**

6372 County Road 63  
Florence, Alabama 35634  
256-757-4212 Fax: 256-757-7484

A group residential home licensed by Alabama to provide 24/7 care for up to 33 children.

### **Colbert County Girls Ranch**

4450 Ligon Springs Road  
Russellville, Alabama 35654  
256-331-3813

[www.colbert@sheriffsranch.org](http://www.colbert@sheriffsranch.org)

Any custodian can refer a child. Call 1-800-548-4256.

### **Safespace**

P.O. Box 1456  
Florence, Alabama 35631  
256-767-3076

[www.nwalsafespace.org](http://www.nwalsafespace.org)

Help Line: 256-767-6210; 1-800-550-9215

Housing, clothes and food

Care management

Support groups

Children's services

**Sheffield First Presbyterian Church** (See Page 8)

**Heavenly Grace Ministries**

505 East Second Street  
Sheffield, Alabama 35660  
256-314-5969 Fax: same

Assistance with utilities and rent when funds are available. Free physician services by appointment. Drug free 19 bed transitional home for men. Clothing and furniture bank.

**Homeless Care Council of Northwest Alabama**

118 East Mobile Street  
Florence, Alabama 35630  
256-764-5892

[www.homelesscarecouncil.wix.com/hccnwal](http://www.homelesscarecouncil.wix.com/hccnwal)

Coalition to solve the problems of homelessness.

This past year operated homeless shelter at Room At The Inn Shoals in the winter at Florence Presbyterian Church.

[www.roomintheinnflorence@gmail.com](mailto:www.roomintheinnflorence@gmail.com)

## 8. MEDICAL CARE

### **Alabama Medicaid Agency**

1-800-362-1504

There is a Florence office in the Keystone Building.

NACOLG (See Page 4)

Provides information on Medicare and Medicaid.

Alabama Department of Human Resources (See Page 3)

Information on children's insurance.

Loaves and Fishes Warehouse

### **Helen Keller Hospital**

1300 South Montgomery Avenue

Sheffield, Alabama 35660

256-386-4196

[www.helenkeller.com](http://www.helenkeller.com)

It is a non-profit healthcare facility.

Departments include ambulance; cardiac cath lab; cardiac rehab; cardiopulmonary; dieticians; emergency services; imaging; infusion services; intensive care; pediatrics; lab/pathology; cancer institute; outpatient surgery; rehab and sports medicine; sleep disorders; wellcare center; women's center; working fit

It has a nonprofit foundation and a hospitality house for overnight lodging.

### **Eliza Coffee Memorial Hospital**

205 Marengo Street

Florence, Alabama 35631

256-768-9191

[www.ecmhospital.com](http://www.ecmhospital.com)

Renaissance Center for Emotional Health

256-786-9128 Fax: 256-768-9127

Colbert County - Shoals Hospital

201 Avalon Avenue

Muscle Shoals, Alabama 35661

256-386-1600

These are for profit hospitals and need to be contacted directly if patient seeks discounted or indigent services.

## **Health Departments**

**Colbert** County Health Department  
1000 South Jackson Highway  
Sheffield, Alabama 35660  
256-314-6435, 256-383-1231

**Lauderdale** County Health Department  
4112 Chisholm Road  
Florence, Alabama 35630  
256-764-7453

### **Home Health**

1000 South Jackson Highway  
Sheffield, Alabama 35660  
256-383-1234, 256-383-1231

#### Services:

Family Planning – Go to health department or call 1-800-545-1098. Medical exams and tests; counseling and education on birth control and supply of birth control methods.

WIC – Supplemental food and nutritional education program for limited income women and children up to age 5 years.

Child Health Services – Medical exams and tests to age 21 years.

Immunizations and vaccines.

Testing for pregnancy, tuberculosis, cancer, sexually transmitted diseases.

Case management and community waiver services.

All Kids insurance and home health care.

Vital records.

## **Shoals Community Clinic**

309-B Handy Homes  
Florence, Alabama 35630  
256-760-4713 Fax: 256-760-4728  
[www.shoalscommunityclinic.org](http://www.shoalscommunityclinic.org)

Dental Clinic Services – must be 18-64 years of age – without regular dental care provider and without benefits. Perform tooth extractions and other services.

Health Clinic Services – must be 18-64 years of age – employed or actively seeking employment or enrolled in school – must be without a regular healthcare provider and without healthcare benefits. Includes physical examinations; treatment of common and chronic diseases; laboratory; some medications; diabetes assistance; referrals to specialists.

Wellness Clinic Services – screening and testing; vaccinations; programs for women.



**Alabama Department of Human Resources** (See Page 3)

**NACOLG** (See Page 4)

**Rehabilitation Services – Easter Seals** (See Page 5)

**Sheffield First Presbyterian Church** (See Page 8)

**Colbert Caring Center** (non-narcotic prescriptions) (See Page 10)

**Heavenly Grace Ministries** (See Page 14)

**Sheffield First United Methodist Church** (prescription drugs) (See Page 10)

**Help Center** (voucher for prescriptions) (See Page 11)

## **9. DENTAL SERVICES**

**Shoals Community Clinic** (See Page 16)

**Sorrell Dental**

310 West Elm Street  
Athens, Alabama 35611  
256-262-0200

A non-profit for children ages 1-20 with Medicaid or All-Kids.

**Sheffield First Presbyterian Church** (See Page 8)

**Help Center** (See Page 11)

## **10. LOCATIONS TO PURCHASE OR ACQUIRE USED FURNITURE AND APPLIANCES**

**Salvation Army** (See Page 10)

**Habitat for Humanity** (See Page 12)

**Cross Point Church of Christ** (See Page 10)

**Heavenly Grace Ministries** (See Page 14)

**First Baptist Church of Cherokee** (See Page 10)

**Help Center** (See Page 11)

## **11. SOCIAL SECURITY**

**Social Security Office**

203 South Walnut  
Florence, Alabama 35630  
1-800-772-1213  
1-855-884-4307

**Assistance for Deaf**

203 South Walnut  
Florence, Alabama 35630  
1-800-325-0778

**Against All Odds** (See Page 6)

**Loaves and Fishes** (See Page 8)

## 12. PROGRAMS FOR CHILDREN, FAMILIES AND SENIORS

### Senior Centers

#### **Sheffield Senior Center**

303 East Second Street  
Sheffield, Alabama 35660  
256-386-5636  
Angie Roberts, Manager

Lunch every day, Monday-Friday, for seniors 60 years or over. Will deliver to Sheffield residents who are 60 years or over (if qualified). A \$1.00 donation is requested but not required. Have a vegetable garden. A variety of activities provided.

#### **Tuscumbia Senior Center**

601 N. Commons  
Tuscumbia, Alabama 35674  
256-386-5660; 256-386-5659  
Linda Campbell, Manager

#### **Florence Senior Center**

450 Country Club Road  
Florence, Alabama 35630  
256-760-6668  
Wanda Whitley, Manager

#### **Muscle Shoals Senior Center**

994 Gattman Park  
Muscle Shoals, Alabama 35661  
256-386-9280  
Betty Williams, Manager

There are 7 senior citizen centers in Colbert County and 7 senior citizen centers in Lauderdale County. For full list call NACOLG at 256-389-0530.

### **Big Brothers/Big Sisters of the Shoals, Inc.**

505 North Columbia Avenue  
Sheffield, Alabama 35660  
256-248-1931  
Gina Mashburn : [gina@bbbsshoals.org](mailto:gina@bbbsshoals.org)  
[www.bbbsshoals.org](http://www.bbbsshoals.org)

Offers 2 primary mentoring programs. Community based and site based (school).

### **Cramer Children's Center**

404 West Tennessee Street  
P.O. Box 1336  
Florence, Alabama 35630  
256-760-1140 Fax: 256-764-3164

Deals with child abuse. Referrals are only taken from Department of Human Resources, law enforcement investigators or by court order.

**First Teacher**

Same building as Cramer Center. Same phone number and fax number.

Educator is Linda Waide: 256-366-7057.

Only serves Colbert County.

Service is from pregnancy to age 5.

Provides certified parent educators for improving parenting skills, improving family health and safety and promotion of general family improvement.

**Alabama Department of Human Resources** (See Page 3)

**Alabama Cooperative Extension Systems** (See Page 5)

**Rehabilitation Services – Easter Seals** (See Page 5)

**Community Action Agency of Northwest Alabama** (See Page 9)

**The Salvation Army** (See Page 10)

If inquirer lives in public housing, inquire directly about programs at housing authority office.

**Riverbend Center for Mental Health** (See Page 12)

## **13. FAMILY PLANNING AND BIRTH CONTROL**

### **Plan First**

1-888-737-2083

A family planning program for women ages 19-44.

**Alabama Department of Human Resources** (See Page 3)

**Health Departments** (See Page 16)

## **14. ADOPTIONS**

### **AGAPE of North Alabama, Inc.**

P.O. Box 127

103 Mountain Brook Boulevard

Madison, Alabama 35758

256-859-4481 (Emergency 256-767-1084)

[www.agapecares.org](http://www.agapecares.org)

Assists pregnant female who wants to give child up for adoption.

**Alabama Department of Human Resources** (See Page 3)

## **15. FAMILY VIOLENCE AND CHILD ABUSE**

**Alabama Department of Human Resources** (See Page 3)

**Riverbend Center for Mental Health** (See Page 12)

**Colbert Lauderdale Attention Homes** (See Page 13)

**Safeplace** (See Page 13)

**Cramer Children's Center, Inc.** (See Page 19)

## 16. SUBSTANCE ABUSE

### **Freedom House**

P.O. Box 1020  
Rogersville, Alabama 35652  
256-247-1222 Fax: 256-247-1226  
[www.ashleyberrios@outlook.com](mailto:www.ashleyberrios@outlook.com)

Residential female substance abuse program and children can accompany mother.  
[www.sacna.org](http://www.sacna.org)

Ashley Berrios, PhD, LPC is Residential Program Coordinator

### **Narcotics Anonymous**

1-800-239-5509

### **Alcoholics Anonymous Answering Service**

256-386-0663

### **Riverbend Center for Mental Health** (See Page 12)

### **The Den**

600 St. Clair Avenue  
Huntsville, Alabama  
256-536-4700

A comprehensive substance abuse treatment program for minority men ages 18-29 who have sex with men.

### **Celebrate Recovery**

York Terrace Baptist Church  
1401 East 30<sup>th</sup> Street  
Sheffield, Alabama 35660  
256-383-6482  
[www.cr.ytbc@gmail.com](mailto:www.cr.ytbc@gmail.com)

Recovery groups; chemical dependency; life struggles.

## 17. TOBACCO ABUSE

### **Tobacco Elimination**

Free Help  
1-800-784-8669  
[www.alabamaquitnow.com](http://www.alabamaquitnow.com)  
[www.quitnowalabama.com](http://www.quitnowalabama.com)  
Melanie Dickens: 256-765-7557; 256-764-7453

## **18. DISASTER AND/OR FIRE ASSISTANCE**

### **American Red Cross**

318 South Court Street  
Florence, Alabama 35630  
256-764-2911  
North Alabama District Headquarters  
256-536-0084

Provides blood; open lines of communications with U.S. military members; respond to disasters.

**The Salvation Army** (See Page 10)

**Sheffield First Presbyterian Church** (See Page 8)

## **19. SUPPORT FOR CAREGIVERS**

**NACOLG** (See Page 4)

## **20. TRANSPORTATION**

**NACOLG** (See Page 4)

**First Presbyterian Church** (See Page 8)

## **21. CLASSES ON FINANCES, FAMILY, NUTRITION, GARDENS**

**Alabama Cooperative Extension Systems** (See Page 5)

Colbert will structure a program if enough will participate.

**Community Action Agency of Northwest Alabama, Inc.** (See Page 9)

**Riverbend Center for Mental Health** (See Page 12)

**First Teacher** (See Page 20)

## **22. HOME HEALTH CARE**

**Health Departments** (See Page 16)

## **23. SEED, PLANTS AND FERTILIZER**

**Community Action Agency of Northwest Alabama, Inc.** (See Page 9)

**Alabama Cooperative Extension System** (See Page 5)

## **24. FOOD FOR PETS**

**Community Action of Northwest Alabama, Inc.** (See Page 9)

Food for pets of Meals on Wheels clients.

**Shoals Pet Pantry**

256-246-9800

[www.shoalspetpantry@gmail.com](mailto:www.shoalspetpantry@gmail.com)

## **25. VETERANS, MEN AND WOMEN IN THE MILITARY**

**Colbert**

256-383-8082

**Lauderdale**

312 South Court Street

Florence, Alabama 35630

256-760-5845

**Mental Health and Outpatient Clinic**

422 Cox Boulevard

Sheffield, Alabama 35660

256-381-3602; 256-381-9055

Debt management and home loans.

**American Red Cross** (See Page 23)

Assists with communication with military members.



## 26. GRIEVING DEATH OF A LOVED ONE

### **The Healing Place**

2409 Wildwood Street  
Muscle Shoals, Alabama 35660  
P.O. Box 2765  
Muscle Shoals, Alabama 35661  
256-383-7133 Fax: 256-383-7946  
Email: [thehealingplace@bellsouth.net](mailto:thehealingplace@bellsouth.net)  
[www.thehealingplaceinfo.org](http://www.thehealingplaceinfo.org)

A center for grieving children, teens and families who have suffered the death of a loved one.

## 27. CARE OF PERSONS WITH LIFE ENDING ILLNESS

### **Hospice of the Shoals**

115 Fairground Road  
Florence, Alabama 35630  
256-767-6699 Fax: 256-767-3116  
[www.hospiceoftheshoals.org](http://www.hospiceoftheshoals.org)

Provides care to patients with a life-ending illness.

## 28. INCOME TAX PREPARATION

### **Free Income Tax Preparation**

1-844-448-2925

### **Tax Help Line**

1-800-829-1040

[www.aarp.org/taxaide](http://www.aarp.org/taxaide)

1-888-227-7669

From late January to April.

### **Earned Income Tax Credit**

A benefit for working people with low to moderate income. Must meet certain requirements and file a tax return. For more information go to [www.irs.gov](http://www.irs.gov)

## **29. CAREGIVERS FOR PEOPLE WITH SPECIAL NEEDS**

### **Cerebral Palsy Center**

507 N. Hook Street  
Tuscumbia, Alabama 35674  
256-381-4310

Classes and services for persons with cerebral palsy.

### **Alabama Institute for Deaf and Blind**

512 N. Main  
Tuscumbia, Alabama 35674  
256-383-3503 Fax: 256-383-3562

Provides education and rehabilitation for deaf, blind and multi-disabled.

**NACOLG** (See Page 4)

**Rehabilitation Services – Easter Seals** (See Page 5)

**The ARC of the Shoals** (See Page 5)

**Riverbend Center for Mental Health** (See Page 12)

## **30. CHRISTIAN COUNSELING**

### **Baptist Center**

3901 Hatch Boulevard  
Sheffield, Alabama 35660  
256-383-7021 Fax: 256-383-7305

Professional counseling. Charges based on need.

**Celebrate Recovery** (See Page 22)

## **31. FOOD/MEALS**

### **Colbert Caring Center**

102 N. Water Street  
Tuscumbia, Alabama 35674  
256-381-8464

Provides boxed groceries to qualifying applicants. Call for hours and qualifications.

### **Crosspoint Church of Christ**

1350 Cox Creek Parkway  
Florence, Alabama 35630  
256-764-4073

Food assistance for Lauderdale residents only. Provides bag of staple food items once a month. Call for hours and qualifications for program.

### **Help Center**

621 South Court Street  
Florence, Alabama 35630  
256-766-7663

Provides food assistance every sixty days.

### **Heavenly Grace Ministries**

505 East Second Street  
Sheffield, Alabama 35660  
256-314-5969 Fax: same

Provides food bank.

### **Highland Park Baptist Church**

Wilson Dam Highway  
Muscle Shoals, Alabama 35661  
256-383-0394

Provides food pantry. Call for hours and qualifications for program.

### **Loaves and Fishes**

3102 Northington Court  
Florence, Alabama 35633  
256-760-9759

Provides groceries out of their warehouse in Florence. Must call to make appointment to complete application for participation in the program. Call 256-760-9759, Monday-Thursday between 8 a.m. and 2 p.m. for further details.

### **Salvation Army (See Page 10)**

Provides canned goods (and other foods such as bread and fresh vegetables when available to those in need. Must be receiving food stamps or income cannot exceed percentage of federal poverty guidelines. Available every 90 days.

**Samaritan House** (Affiliated with Highland Park Church of Christ)

600 Geneva Avenue  
Muscle Shoals, Alabama 35660  
256-381-8311

Provides Food Pantry 1<sup>st</sup> and 3<sup>rd</sup> Tuesdays of month 9-11 a.m. Call to confirm date and time.

**School Meals**

Must apply through individual school districts.

**St. Vincent De Paul Society**

629 south Poplar Street  
Florence, Alabama 35630  
256-718-0921

Provides food pantry, eligible applicant can receive food up to 4 times a year.

**Woodmont Baptist Church**

2001 Darby Drive  
Florence, Alabama 35630  
256-766-1255

Provides food pantry, call for details on time and eligibility requirements.

**Prepared Meals**

**Meals on Wheels**

Administered by the Community Action Agency of NW Alabama. (See Page 9)  
Volunteers deliver hot meals to elderly homebound and disabled clients  
Monday – Friday.

**Shepherd's Table**

First United Methodist Church  
104 E. Third Street  
Tuscumbia, Alabama 35674  
256-383-2853

**Sunday – 12:30 p.m.**

**Shepherd's Table**

First United Methodist Church  
415 North Seminary  
Florence, Alabama 35630  
256-764-5072

**Sunday – 12:15 p.m.**

**Trinity Episcopal Church**

410 N. Pine Street  
Florence, Alabama 35630  
256-764-6149

**Monday – 5:00 p.m.**

**Second Harvest**

Sheffield First Presbyterian Church (Across from Park Place)  
130 E. Fifth Street  
Sheffield, Alabama 35660  
256-383-1717

**Tuesday – 6:00 p.m.**

**The Feeding Center**

Abundant Grace Church (Behind Hillcrest Motel)  
1109 E. 32<sup>nd</sup> Street  
Sheffield, Alabama 35660  
256-389-3850

**Thursday – 5:45 p.m.**

**Shoals Community Soup Kitchen**

First Presbyterian Church (Next to the Post Office)  
224 E. Mobile Street  
Florence, Alabama 35630  
256-764-2081

**Friday and Saturday – 12:00 noon**

**Cox Boulevard Church of Christ**

303 Cox Boulevard  
Sheffield, Alabama 35660  
256-383-1618

**3<sup>rd</sup> Saturday of Month – 11:30-12:30 p.m.**

**Mustard Seed Ministry**

First Cumberland Presbyterian Church  
2422 Darby Drive  
Florence, Alabama 35630  
256-766-0471

**3<sup>rd</sup> or 4<sup>th</sup> Saturday of Month – 6:00 p.m.**

**Feed My Lambs Kitchen Ministry**

First Assembly of God  
1800 Gusmus Avenue  
Muscle Shoals, Alabama 35661  
256-383-6540

**2<sup>nd</sup> Monday of Month – 5:30-7:00 p.m.**

**Sheffield Senior Center**

303 2<sup>nd</sup> Street  
Sheffield, Alabama 35660  
256-386-5636

**Monday-Friday – 11:00 a.m.**

## 32. CLOTHING

### **Cross Point Church of Christ**

1350 Cox Creek Parkway  
Florence AL  
256-764-4073

Clothes Closet, Lauderdale residents only. Items based on the number of individuals in household. Must present photo ID and proof of address, Friday mornings, doors open 7 a.m. Registration from 8:30 to 10:30 am. Call 256-764-4073 for details.

### **First Baptist Church of Cherokee**

305 College Street  
Cherokee AL 35616  
256-339-4325

Clothes Closet, open every third Saturday of each month from 9 to 11 a.m.

### **First Presbyterian Church of Sheffield**

130 east 5<sup>th</sup> Street  
Sheffield AL 35660  
256-383-1717

Clothes Closet, open Monday and Wednesday from 10 to 11 am

### **Help Center**

621 South Court Street  
Florence AL 35630  
256-766-7663

Cloths Closet, Lauderdale residents only. Call for details

### **Highland Park Baptist Church**

503 South Wilson Dam Road  
Muscle Shoals AL 35661  
256-383-0394

Clothes Closet, Thursday 9 to 11 am. Picture I'd and social security card required for each exult in household. Can be served once every 30 days.

### **Salvation Army**

205 North Court Street  
Florence AL 35630  
256-767-4561

Vouchers provided to their thrift store for ten items of clothing and one pair of shoes for each person in the household every ninety days. Call for eligibility requirements.

**Samaritan House**

600 Geneva Avenue  
Muscle Shoals AL 35661  
256-381-8311

Clothes Closet, affiliated with Highland Park Church of Christ. 1<sup>st</sup> and 3<sup>rd</sup> Tuesday's of the month. 9 to 11 a.m. Call for further details.

**Saint Vincent DePaul Society**

629 South Poplar Street  
Florence AL 35630  
256-718-0921

Clothes Closet. Call for details and eligibility.

**Woodmont Baptist Church**

2001 Darby Drive  
Florence AL 35630  
256-766-1255

Call for details and eligibility.

**First Baptist Church of Sheffield**

301 N. Atlanta Avenue  
Sheffield, Alabama 35660  
256-383-7737

Food pantry. 8:00 a.m.-12:00 noon, Monday-Friday

### **33. DIAPERS**

#### **Bundle of Blessings Diaper Giveaway**

Magnolia Church of Christ  
2650 Vulcan Avenue  
Florence, Alabama 35630  
256-767-6776

Provides a child a 2 weeks supply of diapers and wipes (approximately 70 diapers and a package of baby wipes) every 2-3 months as funds allow.